

♂ CHI-F ♀

Hormone Balance, Menopause, PMS, HRT

- ▶ **Balances estrogen, progesterone, testosterone**
- ▶ **Promotes a balanced menstrual cycle (75%)**
- ▶ **↓ PMS symptoms (>90%)**
- ▶ **Reduces abnormal uterine bleeding (93%)**
- ▶ **↓ Menopausal Symptoms**
- ▶ **↑ Platelets, ↑RBCs, ↑Hemoglobin**
- ▶ **Promotes fertility (↑sperm fluidity in men, ↑ovulation in women)**

LD₅₀ > 5g/kg

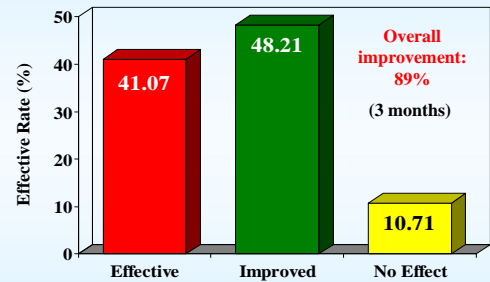
Main Ingredients: Rehmannia, Angelica, Cyperus

CHI-F on MENOPAUSAL SYNDROME

120 Females, ages 40 to 55 years old, took Chi-F for 3 months and were evaluated for one year.

Symptom	% Change	Symptom	% Change
Hot Flash	↓ 87.37	Depression	↓ 32.26
Irritability	↓ 43.01	Sex Drive	↑ 89.18
Insomnia	↓ 23.72	Fatigue	↓ 62.96

Chi-F on Dysmenorrhea



Overall improvement: 89% (3 months)

Study involved 280 women with the following problems: 50 Myoma, 7 Endometriosis, 35 Endometrial Dysplasia, 188 Abnormal bleeding

Effective (Period becomes normal and lasts < 7 days; No more anemia)
Improved (Period may still be heavy but lasts < 7 days)
No Effect (Period is still abnormal and lasts more than 7 days)

Chi-F on Osteoporosis

↑ Bone Mass Density

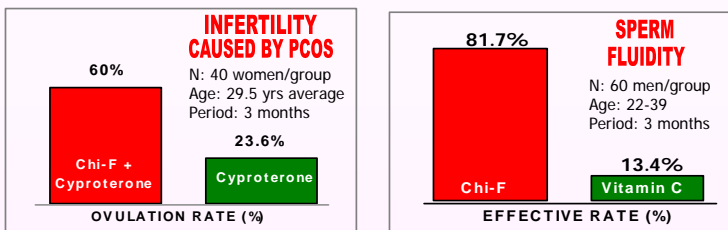
- ↑ Calcitonin - slows rate of calcium loss from bone
- ↑ Bone Gla Protein production - increases bone formation

Chi-F increases Platelet Count (107 patients)

	Effective	Improved	No Effect
Cases	85	22	0

Chi-F improved platelet count by 100% after 3 months

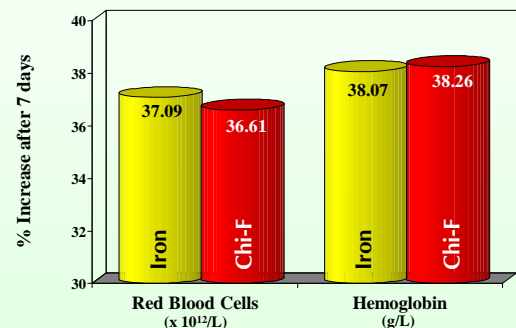
Chi-F promotes Fertility in Men and Women



Polycystic Ovary Syndrome (PCOS) is one of the factors causing infertility. The combination of Cyproterone (Androcur®), an anti-androgen drug, and Chi-F **increases the ovulation rate by 60%** compared to 23.6% in the Cyproterone only group. As a result, **35% of women were able to conceive** after 3 months on the combination therapy. **Use Chi-F with Myomin for even better results.**

Abnormally thick semen may cause sperm to move slowly through the cervical mucus, obstructing fertilization. **Taking Chi-F for 3 months improves sperm fluidity by 81.7%, reduces prostate fluid pH, and promotes prostate fluid secretion.**

Chi-F comparable with Iron in Increasing Red Blood Cells and Hemoglobin in Mice



Chi-F also improved utilization of erythropoietin, a glycoprotein hormone that regulates RBC production.

- D. Hoover, DC from IA, has a 15 y/o/f patient who suffered from **PMS** symptoms. After taking Chi-F for 3 weeks, her symptoms disappeared. Two years later, she reports that she never experienced any problem with PMS.
- C. Chrencik, DC from AL, has a patient with **anemia**. His hematocrit was 26 and hemoglobin was 8. After taking Chi-F and Chi Energy for 3 months, his hematocrit increased to 34 (normal) and hemoglobin increased to 12.